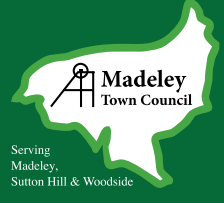


# Madeley Matters



139th Edition | May 2024

Our Communities of Madeley, Sutton Hill & Woodside

## Madeley High Street Celebration

# D-DAY 80TH ANNIVERSARY CELEBRATION

**SATURDAY 8TH JUNE 2024**  
**10AM - 2PM**

**PARK AVENUE & RUSSELL SQUARE MADELEY**

<p><b>Park Avenue</b>                  Fairground rides                  Face painters                  Glitter tattoos                  Balloon modelling                  Stilt walkers                  Circus skills</p>	<p><b>Stage in front of The Anstice</b>                  10am Abraham Darby Jazz Band                  11am The Ronnies                  12pm The Telfordaires                  1pm The Ronnies</p>	<p><b>Russell Square</b>                  Market Stalls                  Farm on Wheels                  Crafts</p>
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## Madeley Town Council **MADELEY IN BLOOM 2024** COMPETITION



For residents living in Madeley, Sutton Hill & Woodside

- CATEGORIES:**
- Best Allotment (Sutton Hill & West View sites)
  - Best Front Garden including hanging baskets

**Madeley Town Council Mayor will be out and about to judge the competition. All entries must be visible from the front of the property**

For more information or to register your 'bloom' email: [info@madeleytowncouncil.gov.uk](mailto:info@madeleytowncouncil.gov.uk)  
 Nominations to be in by 30th June 2024

**FREE PLEASE TAKE ONE**

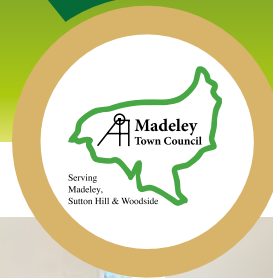


# Mayor's Awards

Cllr Helena Morgan

f @CllrHelenaMorgan

f @MadeleyTownCouncilTelford



**Howard Mostyn for volunteering at The Park Lane Centre**  
Nominated by Adele Hunt from Telford & Wrekin Council



**Jessica Lane from Families in Telford for work with local families**  
**Gail Wright for work with families and the homeless in Sutton Hill**  
Nominated by Steph Syass from The Hub on the Hill



**3 x Warm Hubs across Madeley, Sutton Hill and Woodside and all the volunteers involved providing warm and welcome space for the local community**  
**June Hill from Madeley Baptist Church**  
**Jacque Indiens from The Park Lane Centre, Woodside**  
**Michael Coyle from St Marys Church, Madeley**  
Not forgetting our own hard-working teams at Madeley Town Council.



**Adrian Payne from Telford MIND for supporting our local residents through the Calm Café network and work with local armed forces veterans**



**Heather Evans – for years of volunteering in the Community Café at The Hub on the Hill**



**Anne De Vere for supporting the local community through many community projects**  
Nominated by Trevor Davies



**Jane Childs Menopause Wellbeing volunteer for her advice and support to local women on the menopause that takes place 2nd Wednesday of the month from July. The Park Lane Centre, Woodside**



**Wellbeing Café award to Caroline Ward collected by volunteers. The Wellbeing Café Madeley which is part of CVS and all their volunteers for preparing the food and supporting the local community at the café along High Street in Madeley.**



**Tammy and Phil Lewis for collecting and donating at least 40 prom dresses to the Prom Pop Up events currently taking place across Telford, which help families with the cost towards their child's prom.**



# Madeley Town Council



**28 MAY - 30TH MAY 2024**

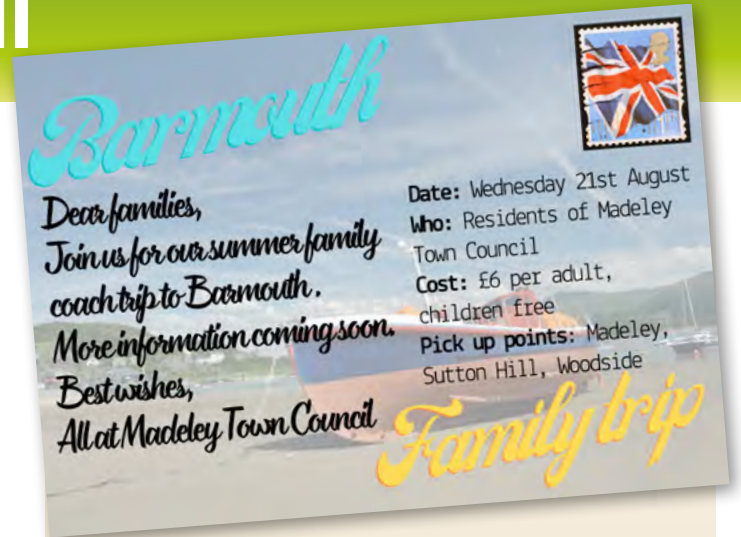
**FREE**

## WHIT WEEK HALF-TERM ACTIVITIES

**DROP-IN, NO NEED TO BOOK**

**ACTIVITIES:**

- Tuesday 28 May 10am - 2pm**  
**Footgolf & Kick-it Cricket**  
Hub on the Hill Sutton Hill
- Wednesday 29 May 10am - 2pm**  
**Scavenger Hunt**  
Madeley Community Orchard  
Mill Lane near to Station Road
- Thursday 30 May 10am - 12 noon**  
**Crafty Cress-Heads**  
Madeley Community Library @ The Anstice




**Barmouth**

Dear families,  
Join us for our summer family coach trip to Barmouth.  
More information coming soon.  
Best wishes,  
All at Madeley Town Council

Date: Wednesday 21st August  
Who: Residents of Madeley Town Council  
Cost: £6 per adult, children free  
Pick up points: Madeley, Sutton Hill, Woodside

*Family trip*



*Oh I do like to be beside the seaside...*

Thanks to local councillor support, Madeley Town Council is pleased to announce a family coach trip to Barmouth this summer. The trip will be taking place on Wednesday 21st August. Keep a look out for more information about the trip and find out when tickets will be going on sale.



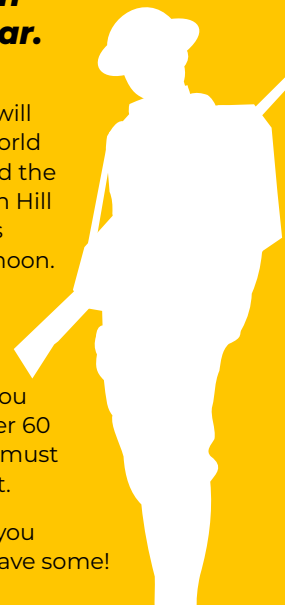
## National Fish and Chip Day

**National Fish and Chip Day has been moved to Thursday 6th June this year.**

The move has been made to coincide with the 80th Anniversary of D-Day and the many celebrations that will be taking place. To mark this important moment of World War II history we will be offering those over 60 years old the chance to join us at either the Hub on the Hill in Sutton Hill or the Park Lane Centre in Woodside for fish and chips (obviously!) and a bit of a 40s style do during the afternoon.

Both events are free, but places are limited so a ticket will be required. Tickets will be offered on a first come, first served basis and can be collected from 10am on Wednesday 22nd May from the location of the event you wish to attend. Places are available to people aged over 60 and a resident in the Madeley Town Council area. You must bring proof of your address when collecting your ticket.

There's no formal dress code, but we'd be delighted if you wanted to come along in your finest 40s attire if you have some!





# PARK LANE CENTRE

## Woodside UNDERPASS Project

**Park Lane Centre and Challenging Perceptions Youth groups have recently completed a project around mental health.**

The young people were keen to explore this theme and create a message of unity and hope for the whole community.

Working with local artist Rick Shaw Designs, they attended a series of workshops exploring the topic and creating images to be combined into their final piece of artwork.

They attended spray painting workshops and then spent a day painting the underpass at the bottom of Woodside, between Aldi and the Madeley Court Hotel themselves with support from Rick.

The project was supported and funded by BBC Children in Need and by Safer Stronger Communities. This has been a fantastic project and the enthusiasm of every participant, from our amazing young people to the adults involved, has been inspirational.

We hope that the positive message and colourful underpass will continue to be enjoyed for many years. Our young people should be very proud of what they have achieved and the feedback we have had has been amazing.

## NEW DEMENTIA CAFE

**A FREE GROUP FOR PEOPLE WITH DEMENTIA AND THEIR CARERS**

*Beginning Thursday 13th June, 10am-12noon*

*Continuing 2nd & 4th Thursday of each month*

**TEA, COFFEE AND CAKE**

*Meet in the lounge at Parkwood, Park Lane, Woodside. TF7 5HR*

*For more information email [annedevere@hotmail.com](mailto:annedevere@hotmail.com)*





# ANSTICE NEWS!!!

## Spring has definitely sprung here at The Anstice.

We have been super busy in the ballroom with the community celebrating family parties. We saw the popular soul nights returning in March the next one is scheduled in for Saturday 8th June tickets available at The Anstice office from the first week in May.

Lots of dance troupes have been showcasing their new dance routines in the ballroom ready for the big competitions across the UK. We also have had our first Salsa event, watch this space for new Salsa socials taking place on Fridays.

News from our cafe is that Zoe is baking and boxing up her delicious homemade cakes for you to buy and enjoy at home a lovely affordable treat.



If you have a special occasion coming up remember you can book in for your own private afternoon tea. We use the Kemberton room for small gatherings and for larger groups the ballroom.

The scaffolding has now been taken down from the front of the building leaving us with a lot of exposed stone. This is how the Anstice would have looked many years ago. The technical part of this work is that the paint wasn't the correct type of paint for the stone. Now all of the paint has been removed it should help preserve the building for many more years to come.

## Feel Good Dance & Social The ultimate feel good dance class!



**TUESDAY 11.30AM-12.30PM** The Wakes, Oakengates  
- Every Tuesday (subject to change)

**TUESDAY 1.30PM-2.30PM** The Anstice, Madeley  
Excluding 16th Apr, 7th & 14th May, 4th Jun 2nd Jul, 6th Aug, 10th Sep, 8th Oct, 5th Nov (Due to hall being in use)

**SUITABLE FOR BEGINNERS, ALL AGES & ABILITIES!**  
**IMPROVES: OVERALL FITNESS, MOBILITY, COORDINATION, BALANCE, STRENGTH & FLEXIBILITY AS WELL AS BOOSTING YOUR MOOD! BE PART OF SOMETHING SPECIAL :)**

£6 per session, pay as you go! No need to book just come along! Contact Jee on 07851270409 for more info!



Please don't hesitate to contact us on [info@theanstice.co.uk](mailto:info@theanstice.co.uk) or call us on - 01952 567232 regarding any enquiries or bookings.

Thank you all for your Continued support .

Team Anstice x



THE  
*Anstice*



# Our Community...



## MADELEY BAPTIST CHURCH

*Madeley Baptist Church is continuing its work in the community over the Spring and Summer period.*

Whilst 'Winter Warmers' have come to an end for the time being, they have been replaced by the regular Coffee mornings on a Tuesday and Thursday from 10.30am to 12.00. A copious supply of toast, cake and biscuits are available so please drop in for a 'cuppa' and enjoy the lovely fellowship.

'Friendly Faces' continues to start the week off every Monday afternoon at the Park Lane Centre from 1.00pm to 3.00pm. This friendly meeting was set up after Covid to allow those in the community to get out again and enjoy a time of fellowship, chat and relaxation. Open to everyone. Come and try it.

On the first and third Tuesday evenings in the month we run a Causeway Group for Adults with Learning Difficulties. These commence at 6.45pm and run to 8.15pm and provide a variety of enjoyable activities including craft, games and quizzes. This Group has been running since 2007 and provides a special amenity in the area. Again, just come along and try it out.

Our regular Saturday morning 'Foodshare' from 10.00am to 12.00 continues to provide a much-needed facility for the community with up to 100 people benefitting from the food packages. We are very pleased to provide this service but are saddened that this is still so necessary in this day and age.

We are very grateful for the on-going support provided by Madeley Town Council and appreciated the recognition for the second year running at the Mayors Community Awards on 22 April. A photograph of some of our volunteers is attached.

A major piece of News is that after three years without a Minister since Revd. Keith Osmund-Smith retired at the end of June 2021, the Revd. Simon Hollis, will be inducted into part-time ministry at MBC on Saturday, 6 July at 3.00pm. Simon is a newly accredited Baptist Minister from Stafford and will take over from Elder Paul Booth, who together with his wife, Marjorie and the support of the whole membership, have continued to build up the church and extend its work in the community. We really look forward to Simon's future ministry.



## SUMMER JOURNEY'S

Fun for the whole family each Tuesday  
12 noon - 3pm meeting:  
30th July - at Madeley Community Orchard  
6th August - on Mounds Way, Woodside by Waverley  
13th August - at the Madeley Community Orchard  
20th August - at Bluebell Field, Sutton Hill



**Walking, Talking, Fun & Food!!!**  
Please book in on Facebook page or our website.  
Family picnic provided.  
All the journeys are FREE but donations always gratefully received

MBC St Michael's Madeley  
[www.suttonhillwoodsidechurches.org](http://www.suttonhillwoodsidechurches.org)

Each year the Churches of Madeley join together to bring you Muddy Church, open to the whole family from the littlest to the biggest, youngest to the oldest come along.

We meet outside around Sutton Hill, Madeley & Woodside we have walks, scavenger hunts, nature activities and much, much more. Family picnics are available for those who book in either on our Facebook page or our website <https://www.suttonhillwoodsidechurches.org/>

For any further detail please contact  
Rev Dawn Taffinder [dawn.taffinder@gmail.com](mailto:dawn.taffinder@gmail.com)



## ***It is 42 years since the residents of Sutton Hill successfully campaigned for the establishment of an Allotment and Leisure Garden facility.***



In the intervening years many allotmenters have come and gone, but some have stayed the course.

Every allotmenter has their own individual methods of gardening and grow a variety of different plants, from fruit trees to flowers and vegetables.

As well as the health benefits of eating fresh organically produced fruit and vegetables, gardening is a great work-out for the body and is proven to have mental health benefits.

There is always someone around to ask for growing advice and help with projects undertaken.

We have recently elected a new committee to take our Allotment Gardens into the future. We are in the process of applying for grants to improve the site and to enhance site security.

We are also planning an open day on August 17th where we will be selling produce, plants, home-made jams etc. Put the date in your diary.

Drop by to meet the crew and treat yourself to some fresh produce - all welcome.



## IRONBRIDGE GORGE MUSEUM

In January, the Ironbridge Gorge Museum Trust began the year by celebrating Shropshire appearing on ABTA's list of 10 global destinations to watch in 2024.

Nick Ralls, Chief Executive Officer at the Ironbridge Gorge Museum Trust, said: "Being the only UK destination on the list was a fantastic way for Shropshire tourism organisations to start the year and a great celebration of what our region has to offer.

"As an independent charity, we rely largely on visitor income to fund our heritage conservation and education work. Of course, we hope the ABTA listing will bring more tourists to our region."

Thanks to a busy programme of events throughout the year, there is always something new to see and do at Ironbridge's museums. This spring and summer, Blists Hill Victorian Town will welcome back annual favourites including the Heavy Horse Weekend and the Steam Gala. The Victorian Seaside Experience, a hit with visitors in summer 2023, will also return during the school summer holidays.

In Coalbrookdale, the Trust will launch a brand-new series of evening events, the Tuesday Talks, and a new free temporary exhibition exploring the origins of iron is already open. Don't forget that Telford Loyalty Card holders get 10% off IGMT's annual passes.



## A Better Tomorrow helps its clients build bridges to a better future

A community interest company based in Woodside has spent the last ten years helping people with addiction, mental health issues and homelessness build a bridge to a better future.

A Better Tomorrow has provided accommodation and services to support over 700 clients since it was set up in 2014. It prides itself on being a grassroots organisation led by individuals with personal experience of the areas it supports.

Chief operating officer Martin Cantrill said the organisation's goal was to help its clients build a bridge to normal living.

"We want to support them to make a sustainable change to their lives by building the confidence they need to live independently," he said.

The organisation was set up in 2014 with just one house giving support to people with addiction and substance misuse. Its abstinence based, residential approach led to a strong working partnership with Telford & Wrekin Council.

It expanded in 2017 to support people with mental health needs through its Wellbeing Houses. In 2021 the CIC went on to set up an early intervention project to help people who had become homeless.



Chief executive officer Scott Morgan (left) and chief operating officer Martin Cantrill

The CIC now has places for almost 100 clients within its abstinence, wellbeing and early intervention programmes. It also provides outreach support working in partnership to run a 'calm café', detox service and wraparound care.

**Further information on A Better Tomorrow is available at [www.abettertomorrow.org.uk](http://www.abettertomorrow.org.uk)**

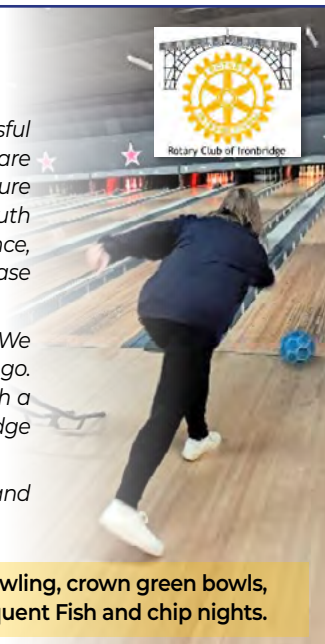
## Ironbridge Rotary Club – Spring 2024

*Our plans for being out and about in the community are well up and running. We have already had a successful collection at Tesco in aid of Marie Curie. So many people are or have been affected by cancer that we are always most gratified by the amount we raise. We hope to raise more for the local community at future collections through the year. Other causes we have helped over the last few months are S.Y.A (Shropshire Youth Association), Blood Bikes, Shropshire Talking Newspaper, Telford First Responders, The Shropshire Air Ambulance, and Macmillan Cancer Care. All these donations are made possible by your support at our events, so please come and say hello.*

*Our Human Fruit Machine had its first outing of the year at Telford Town Park on the St. George's Day Fair. We plan to be at the Celebration of Madeley High Street on June 8th so if you are around please come and have a go. We will also be helping out at the Gorge Brass Band Festival in July. This is now a popular annual event with a feast of music provided by brass bands from all over the country. We are also planning to return to the Ironbridge Festival with our Fun Dog Show.*

*Alongside these fun events we will also continue our support of Telford Crisis Centre, donating both funds and goods to help families Telford as they struggle with the after effects of Covid and the cost of living.*

**Besides raising money for charitable causes Rotarians also know how to have fun. We enjoy ten pin bowling, crown green bowls, visits to places of interest, even abroad, and we organise several social meals, an annual picnic and frequent Fish and chip nights.**





# Our Community...



## Madeley Community Spirit...

**Do you know the 'green' on Mitchell Way/Milton Drive, Madeley?**

### Are you green fingered?

*Over the years local residents have helped to bring this area to life with planting and seeding and are now looking for a little extra help to keep it looking nice.*

*Sadly, the brambles are starting to take over so they're looking for some green-fingered volunteers to help out with this wonderful community green patch.*

*If you feel you can spare a little time to help with some pruning and tidying up then Hazel would love to hear from you.*

**If you'd like to find out more please ring Hazel on 07865 581 387.**



learn telford

Hi, I'm David from Learn Telford and my role is to support residents of Madeley, Sutton Hill and Woodside with employment and learning opportunities.

Learn Telford run a wide range of courses in the local community at venues including Jubilee House, Park Lane Centre and the Hub on the Hill, which includes English and Maths for adults, craft, cookery, ICT, wellbeing and much more.

Visit our website at <https://www.learntelford.ac.uk/> to see what courses we're running locally.

I also run a monthly drop-in at Madeley Library on the 1st Friday of each month, between 10.00-12.00, where I give advice on local courses and employment support - pop in and have a chat and see if I can help.

You can also contact me on 07528 979376 if you want to meet up in either Madeley, Sutton Hill or Woodside.

[www.learntelford.ac.uk](http://www.learntelford.ac.uk)

## New recruits

Officers from South SNT have welcomed two new recruits, PCSO STUBLEY and PCSO UTTLEY. Both officers will be based out of MADELEY POLICE STATION for their initial training, following on from leaving our Headquarters at HINDLIP. If you see them out and about in the community, please say hello!

South SNT have also welcomed PC WILLIAMS who now covers the WOODSIDE & MADELEY area. PC WILLIAMS joins SNT after previously working in MALINSGATE on Response and The Problem Solving Hub. PC WILLIAMS brings a wealth of knowledge and experience with her and is a welcome addition to the team.

Officers from South SNT have also completed a 2-day advanced training course around Car Seat Safety. Further details around where officers will be offering free advice regarding your car seats can be found on our Neighbourhood Matters platform. Alternatively, you can speak to officers at the next surgery dates for more information.

PCSOs from WOODSIDE & MADELEY have been into a few schools across the area to deliver talks on Cyber Awareness and our role as The Police. The next school visit is taking place at WILLIAM REYNOLDS PRIMARY SCHOOL on 7th MAY 2024. PC BARRETT also attended TWEEDALE FIRE STATION on 22.04.2024 for an event involving Home-Schooled children from within the local community.

We will be continuing to attend visits across the area including the local youth groups and various clubs. As always, we are available to speak to out and about in the community. We are still based at Madeley Police Station for any urgent matters.



## Madeley branch of the Royal British Legion.



*There is a new re-formed branch of the RBL in Madeley, we meet every 2nd month at Madeley Cricket Club, members are welcome to attend, next meeting will be Friday 21st June at 7.15pm.*

*We are also going to have a table/stall at the D Day anniversary day on 8th June.*



# Nursery News




**SEPTEMBER 2024**  
**NEW OFFER 30 HOUR**  
**& 15 HOUR PLACES**  
**ADMISSION**  
**NOW OPEN**

**QUALITY NURSERY PROVISION**  
**OUR FEATURES**

- EXPERIENCED NURSERY TEACHER**  
Highly experienced teaching assistant team
- INCLUSIVE CURRICULUM**  
Our curriculum meets the needs of all learners.
- ENABLING ENVIRONMENT**  
Play-based learning experiences and quality indoor and outdoor provision.
- STRONG PARTNERSHIPS**  
Parents and school working together for the children.

+01952 388280 | A2158@telford.gov.uk | <https://www.williamreynoldsprimary.org/>

William Reynolds Primary School and Nursery  
 Challenge · Honesty · Ownership · Courage · Collaboration

**Early Years**

As part of our topic 'People who help us' police officers visited Early Years. They talked to the children about their job and how they help people in the community.

The children tried on police uniform and sat in the police car. All the children enjoyed finding out what a Police Officer did in their job.





## Chec Mates Pre-school Celebrates Outstanding Ofsted Report



Staff and parents at Madeley's Chec Mates Pre-school were celebrating last week after receiving an Outstanding report from their recent Ofsted inspection.

Nursery Manager Mandy Beer, said "I am so proud of our staff, we do our best for every child in our care at all times and this has resulted in a glowing report which puts us up there with the top nurseries in the country."

The report states that it was very rare to find a team with such an in-depth knowledge of the children in their care and highlights how the children thoroughly enjoy spending time with the staff, who are excellent role models for the children.

Parents were also pleased to see the team's hard work recognised with one stating "I feel that my child is well supported in all areas, and we can ask any questions and know that we will be helped".

CHEC Mates Pre-school and Nursery was established in 1999, with the Pre-school moving to its own site in 2014, many children move up from its sister setting, Chec Mates Nursery which caters for our babies and toddlers also on Madeley High Street.

### Contact for more information:

Mandy Beer, Toni Hunt Childcare Support on Site and Chec Mates Tel: 01952 586499

**Address: Baby and toddler nursery**  
 31/32 High Street, Madeley, Telford TF7 5AR

**Pre-school**  
 Aenon Batish Church High Street, Madeley, Telford TF7 5AH



**John Randall**  
 Be Friendly, Be Respectful, Be Safe.

**Toddler Group at John Randall Primary School Thursdays @ 2.00pm until 3.00pm**

Come along to our Toddler group at John Randall Primary School with your babies/toddlers every Thursday.

It's a great way for children of our community to mix with other children and families. The toddler group will be running on the following dates:

*We look forward to seeing you there*

**For more information visit our website Nursery | John Randall Primary School & Nursery**  
**You could also contact Nikki on 01952 388390**  
 John Randall Primary School & Nursery, Queen Street, Madeley, Telford TF7 4DS 01952 388390  
 email: a2176@taw.org.uk web: www.johnrandallprimary.co.uk






# Our Community...



**Pantry Plus** 

## Pop Up Pantry

**EVERY TUESDAY 10-12PM**

**Step 1:** Get a Pantry Plus Membership (Annual Fee of £5) which can be used at any Pantry Plus Location

**Step 2:** On a Tuesday visit: **Wellbeing - Madeley Community Cafe**

**Step 3:** Pay £2 to receive a hot drink and a cake or a delicious home cooked frozen meal to take home

**Step 4:** Shop at Wellbeing Cafe for store cupboard items - all low cost and helping to reduce food waste.

Wellbeing - Madeley Community Cafe  
32 High Street, Madeley, TF7 5AR  
01952 916033

**Madeley Matters** **Summer Edition**

## Wellbeing - Madeley Community Cafe

**Community Café Corner!**

Spring has well and truly Sprung at Wellbeing - Madeley Community Café!

Since the last edition of Madeley Matters a variety of happenings have been going on. A couple of highlights include:

**February** saw Cookery Courses offered by Telford Adult's Autism Hub for their beneficiaries. A popular offer in a calm, quiet and friendly environment - here at Wellbeing Community Café.

**March** delivered the heavily anticipated outcome for our funding Application to the Inclusive Communities Fund: We were successful! This wonderful news provides certainty for the Café to operate reliably and scope to extend our opening hours... More information below!

**April** brought the exciting launch of our Pop Up Pantry! Working with Pantry Plus we are now have an offer for our customers whereby they are invited on a Tuesday 10am-12pm to have the opportunity to purchase low cost stock cupboard items from the Pantry. For just £2 a hot drink and slice of delicious home made cake can also be enjoyed during this time or alternatively a frozen home cooked meal can be taken away.



**Coming up:**

At the moment, we are in the process of completing recruitment to open during the evening.

We will be hosting themed cuisine supper clubs and invite you to join us for **Wellbeing Around the World.**

A delicious 3 course Supper with Vegetarian option will be prepared and served at the café. The launch will be Saturday 18th May. Tickets will be on sale in the Café.

For any further information please contact through our Facebook Page or [jeni\\_kuczynska@tandwcvcs.org.uk](mailto:jeni_kuczynska@tandwcvcs.org.uk)

[www.telfordandwrekinvcvs.org.uk](http://www.telfordandwrekinvcvs.org.uk)

## Mind Telford Veterans' Cafe

**The cafe offers the space to bring the veteran community together, to get the support they need and to meet and talk to like minded people**

**Wednesday**  
5pm-7pm  
**3rd Thursday of the Month**

**Jubilee House**  
High Street  
Madeley  
TF7 5AH

For more information please email [talk2@telford-mind.co.uk](mailto:talk2@telford-mind.co.uk) or call **07434869248**






Protect, care and invest to create a better borough


We currently run appointments across Madeley, Sutton Hill & Woodside so it's easier for you to attend appointments. We're in Madeley Jubilee House every 1st & 3rd Tuesday of the month, Sutton Hill Hub on the Hill every 2nd & 4th Tuesday of the month and we're at the Woodside Park Lane Centre the 4th Tuesday of the month.

We're also available for you to drop in at Woodside Park Lane Centre on the 2nd & 4th Friday of the month, from 9am to 4:30pm. This drop in is available to allow you to pop by, ask questions and also book appointments in for future dates.

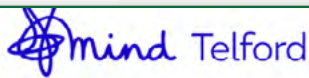
Across the last year at these outreaches we supported 193 local residents with issues relating to Benefits & Tax Credits, Universal Credit, Housing issues, Employment issues and many other areas to.

For more information on the outreaches in your local area, please visit our website: [www.citizensadvice.telfordandthewrekin.org.uk/visit-us/in-your-community](http://www.citizensadvice.telfordandthewrekin.org.uk/visit-us/in-your-community)

We're an independent charity that provides free, confidential, independent and impartial advice that you can trust.







## Wednesday's Wellbeing Walk.

Rain or Shine

Why not Join us on a midweek nature walk ?

Take advantage of what's on our doorstep.

Feel the benefits of the great outdoors to improve our health and emotional wellbeing.

Come and explore our beautiful surroundings with Telford Mind's Green Social Prescriber.

Walks start outside Court Street Medical Practice at 10 am every Wednesday.



## Children and Young People Social Prescribers

Do you feel lonely?

Do you get stressed or anxious?

Do you struggle to manage your emotions at home or school?

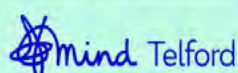
Have you been bereaved or lost a loved one?

If you are between the age of 11-19 and are a patient at

Stirchley Medical Practice  
Court Street Medical Practice  
Woodside Medical Practice  
Sutton Hill Medical Practice

You are entitled to Children and Young People Social Prescribing

Please call 07434 869248  
or email  
talk2@telford-mind.co.uk



## Perinatal Mental Health Social Prescribing

Are you expecting a baby or have a child under two?

You can access support and guidance from the Perinatal Social Prescribing team !

Social Prescribers can help with a wide range of concerns such as:

- Finances
- Childcare
- Confidence
- Isolation

For more information please call 07434 869248 or email perinatal@telford-mind.co.uk



## Calm Cafe



The Calm Cafes are delivered by Telford Mind and Telford and Wrekin Council with the support of local VCSE organisations. We provide support and safety to people experiencing emotional/mental health crises.

Calm Cafes are available for anyone 18 years and older who are finding themselves in a crisis or who are in need of support with their emotional/mental health to prevent a crisis.

Café locations, dates and times:

Monday	Tuesday	Wednesday	Thursday
5pm-8pm	5pm-8pm	5pm-8pm	5pm-8pm
Outpost Oakengates	Meeting Point House	Hub on the Hill	Meeting Point House
TF2 6EP	TF3 4HS	TF7 4HG	TF3 4HS



# Let's Talk... Wellbeing



**Let's talk...**

*Friendly, relaxing & fun  
Everyone welcome*

**MENOPAUS**

Let's talk...menopause dates until the end of 2024 are:

**FREE**

- Monday 10th June**
- \*Wednesday 10th July**
- Wednesday 14th August**
- \*Wednesday 11th September**
- Wednesday 9th October**
- \*Wednesday 13th November**
- Wednesday 11th December**

**\*Angela, a menopause holistic coach from Mbrace, will be joining us on these dates**

**Park Lane Centre Woodside 7-8pm**

**Complimentary tea and coffee**

For more information about Let's talk...menopause please contact Charlotte at Madeley Town Council on 01952 567288 or email [charlotte@madeleytowncouncil.gov.uk](mailto:charlotte@madeleytowncouncil.gov.uk)



## Let's talk...menopause

Let's talk...menopause is almost one year old! The group was started to bring those going through menopause and perimenopause together to chat over tea and coffee and lessen the taboo of talking about this major life change. Over that year the group has grown considerably, not just in numbers, but in the care shown to one another and the support from volunteers and organisations sharing their own knowledge, bringing a rich understanding and increased knowledge to navigate this seemingly never-ending journey.

We also have Angela from Mbrace joining us in July, September and November. Angela started a menopause coaching business after her own experiences made her passionate in being able to help women better understand the menopause and manage the many symptoms it can bring.

The group is open to anyone, and new members are always welcome. From July it will be even easier to remember when the group is on (especially for the many experiencing brain fog!) as we'll be sticking to the second Wednesday of each month. The time and place remains the same; 7-8pm at the Park Lane Centre in Woodside.

As always, we look forward to seeing you there.



**Let's talk...**

**Community Hub**

Come and speak with a range of providers offering guidance on personal health, wellbeing, care requirements and more.

**Every Wednesday, 10am - 1pm at Madeley Library in the Anstice**

You will find a welcoming space where your needs and concerns are heard and addressed.

**Weekly services include:**

- Blood pressure checking
- Healthy Lifestyles
- Independent Living Centre
- Telford Mind Social Prescribers
- Social worker support
- plus...regular guest services

Helping to give you the tools and knowledge necessary to make small, yet impactful, changes to your life.

For more information about the Let's talk Live Well Community Hub and the service providers attending email [charlotte@madeleytowncouncil.gov.uk](mailto:charlotte@madeleytowncouncil.gov.uk) or call 01952 567288



## Let's Talk Live Well

In partnership with Telford & Wrekin Council and Telford Mind, Madeley Town Council is delighted to bring local residents a new Community Hub. Located within Madeley Community Library in The Anstice every Wednesday from 10am-1pm, Let's Talk Live Well will promote good health and wellbeing amongst the local community, bringing services, organisations and groups together in one place, closer to home.

The aim of the community hub is to offer early help, support and advice, and provide a place for people to connect. By listening and understanding what matters to each person, they will be supported and signposted to appropriate community, health and care solutions. Making small, positive changes supports our ability to be happier and healthier.

Those attending Let's talk...Live well will be able to get advice and support from services such as Telford & Wrekin Council's Healthy Lifestyles advisors and Social Prescribers from MIND, while representatives from Telford & Wrekin's Independent Living Centre and Social work teams will also be on hand. Free blood pressure checking will also be available weekly.

In addition to the core partners, there are spaces available each week for different partners to talk with residents. We already have partners such as Age UK, Forum 50+, Alzheimer's Society, Healthwatch and more on board to join us and we're adding to the list all the time. If you want to find out more about bringing your service to the Community Hub, or you are a resident wishing to find out the upcoming guest services scheduled, email [charlotte@madeleytowncouncil.gov.uk](mailto:charlotte@madeleytowncouncil.gov.uk) or call 01952 567288.





**HEARIT4ALL COMMUNITY RESOURCE**

**Hearing Loss Support Hubs**

**NHS hearing aid tube changing, battery collection and advice on hearing aid care from Audiology-trained volunteers**

**Madeley Library (Inside Anstice Memorial Hall)**  
**2<sup>nd</sup> Thursday of the month**  
**10:00 am to 12:00 noon**

**Appointments must be pre-booked**

Call **01743 342168** or  
 email [SHLS@community-resource.org.uk](mailto:SHLS@community-resource.org.uk)



Places are limited and booking is essential. Information correct at time of printing. Community Resource is an operating name of the Community Council of Shropshire a Company Limited by Guarantee 4620457 and Registered Charity 1092779

## Hearing Loss Support Hub

Volunteers from Community Resource have been joining us at Madeley Community Library with their hearing loss support hub since March. The hubs are proving very popular with local residents, who are able to get batteries, have tubes changed and learn about hearing aid care without needing to visit the Audiology department at the hospital. The hub sets up within the Library on the second Tuesday of the month from 10am- 12noon.

Appointments need to be made in advance by emailing [SHLS@community-resource.org.uk](mailto:SHLS@community-resource.org.uk) or by calling 01743 342168.

**Please note the volunteers can only deal with hearing aids provided by Shrewsbury and Telford Hospitals Audiology department.**

## Talking Therapies Service

### Launch of Shropshire, Telford and Wrekin Talking Therapies service and single point of access

Accessing talking therapies has become easier than ever before for people struggling with anxiety, depression or post-traumatic stress disorder (PTSD) in Shropshire, Telford and Wrekin following the launch of a new streamlined service.

Shropshire, Telford and Wrekin Talking Therapies brings together MPFT's existing Talking Therapies teams in the county into a single, fully integrated service. It is open to anyone aged 16+ who is registered with a Shropshire or Telford and Wrekin GP, and is not currently being seen by another mental health team.

As part of the service launch, a new single point of access has been launched, enabling quick and easy access to the specialist team:

**Email: [STWTT@mpft.nhs.uk](mailto:STWTT@mpft.nhs.uk) Phone: 0300 1236020**



**Tuesday July 30th**  
 Jubilee House, Madeley Parish Council,  
 74 High Street, Madeley. TF7 5AH

## Functional Fitness



Remaining physically active is vital to overall health and well-being, but as we age, we're more likely to be less active, resulting in a loss of strength and balance and at an increased risk of falling. Our Functional Fitness MOT is designed to help reduce the risk of falling for older people. The event includes:

- One-to-one fitness tests
- A short informative film
- An interactive demonstration to include how to get up safely from the floor after a fall
- Calling for help
- Gentle Exercises

**For those aged 60 - 95.**

**If you require further information or if you'd like to book please call us on 01743 360641 or email us on [enquiries@community-resource.org.uk](mailto:enquiries@community-resource.org.uk)**

**[www.community-resource.org.uk](http://www.community-resource.org.uk)**

Charity Reg No: 1096779

## Moving On

**Moving On is a NEW gentle exercise class tailored for individuals over 50.**



The Moving On classes mix seated and standing movement, aiming to promote mobility, strength, and balance and provide a place where you can enhance your fitness levels and help you to stay steadier on your feet. Classes will also support you to be stronger and steadier, significantly reducing your risk of cardiovascular disease, falls, depression, dementia, joint and back pain, obesity and various cancers.

Led by qualified and friendly Fit4All Instructors, the Moving On classes are made accessible with Telford & Wrekin Council's support, priced at £3 per session or £10 for 4 sessions when pre-booking four sessions.

The classes aren't just about exercise; they're about empowering you to lead healthier, more active lives while fostering a sense of belonging within your community. It is an opportunity for you to get together with other people in your community and make connections supporting both your physical and mental wellbeing. In Madeley, participants are welcome to stay on after the class for half an hour of chat and free tea and coffee.

Join the class in Madeley at Jubilee House on Wednesdays from 10-11am, with tea, coffee and chat until 11.30am.

**Classes can be booked via the website**  
**[www.fit4all.org.uk/services/moving-on-exercise-classes](http://www.fit4all.org.uk/services/moving-on-exercise-classes)**  
**or by calling 01952 908738.**





# WHAT'S ON AT THE HUB ON THE HILL

## The Hub on the Hill Community Cafe

All Day Menu ~ 8:30am-2pm

### Breakfast

#### Small

1 Sausage, 1 Bacon, 1 Egg, 1 Hash Brown, Beans, Tomatoes and 1 Toast & Tea or Coffee £5.80

#### Medium

1 Sausage, 1 Bacon, 1 Egg, 1 Hash Brown, Mushrooms, Black Pudding, Beans, Tomatoes, 1 Toast & Tea or Coffee £6.50

#### Large

2 Sausage, 2 Bacon, 2 Eggs, 2 Hash Browns, Mushrooms, Black Pudding, Beans, Tomatoes, 2 Toast & Tea or Coffee £8.00

Vegan Breakfast £5.80

Vegetarian Breakfast £5.80

### Kids Breakfast (under 10)

Sausage, Egg, Beans and Toast Milk or Juice £4.20

### Breakfast Sandwiches

Egg £3.15

Bacon £3.15

Sausage £3.15

Add an extra 80p for Baguette

BLT £3.65

Egg on Toast x 2 £2.85

Cheese on Toast x 2 £2.60

Optional Extras: Sausage, Bacon, Egg

Mushrooms, Black Pudding 85p

Beans, Tomatoes, Hash Brown, Toast 60p

### Omelette

Plain £3.30

Cheese £3.80

Mushroom £3.80

Cheese and Mushroom £4.60

### Jacket Potato

Plain £3.10

Beans £3.60

Cheese £3.60

Cheese and Beans £4.20

Coleslaw £3.60

Cheese and Coleslaw £4.40

Side Salad Extra £1.20

### Sandwiches

Cheese and Onion £2.45

Egg Mayo £2.45

Ham £2.45

Cheese £2.30

Ham and Cheese £3.35

Tuna Mayo £2.90

Ham Salad £3.10

Cheese Salad £2.95

### Wraps

Tuna Salad £4.40

Southern Fried Chicken & Salad £4.40

Cheese Salad £3.70

Ham Salad £3.80

### Kids Meal (under 12)

Fish Fingers / Chicken Nuggets or

Sausage with Chips & Beans £3.95

Waffles, Scrambled Egg and Beans £3.20

Hot Meal of the Day £4.10 (includes juice)

### Drinks

Tea £1.20 Coffee £1.40

Hot Chocolate £1.40

Cans from £1.20

Speciality Hot Drinks £2.20

See Board for Specials and Hot Lunches



Starts Tue 20 Feb

**FREE**

**WARM SPACE  
Breakfast Drop-In**

For children upto age 16yrs  
Drop into the Hub on the Hill  
between 8-8:45am weekdays for  
Toast, Cereal & Fruit

*\*Under 11 years to be accompanied by an adult*



## The Hub on the Hill...

Find us at:

104 - 106 Southgate,  
Sutton Hill, Telford, TF7 4HG

Call us on:

01952 898052

Email:

[steph@madeleytowncouncil.gov.uk](mailto:steph@madeleytowncouncil.gov.uk)

Visit:

[www.hubonthehilltelford.org](http://www.hubonthehilltelford.org)

For the latest news  
& events follow us on  
social media



@SuttonHillCT

@hubonthehillatsuttonhill

## Things going on for the young at

### TUESDAY

Multi Sports 4pm-5pm

### WEDNESDAY

Dodgeball 4pm-5pm

Youth Club 5pm-6pm

### THURSDAY

Coming soon Family Fitness & boxing.

Look out for posters & Facebook posts.







# NEXT EDITION OF MADELEY MATTERS

Due for publication September 2024

If you would like to submit an article for consideration please contact Sam Middleton  
sam@madeleytowncouncil.gov.uk

**Articles required by 13th August**

Read Madeley Matters online: [www.madeleytowncouncil.gov.uk](http://www.madeleytowncouncil.gov.uk)



## Madeley Town Council Meeting Dates



### 3 June

Leisure & Community

6.30pm

### 7 June

Woodside Borough Councillor Surgery

6-7pm

### 8 June

Madeley & Sutton Hill Borough Councillor Surgery @ Madeley Community Library

11-12pm

### 10 June

Environment

6.30 pm

### 17 June

Full Council (Finance Year End)

6.30pm

### 26 June

Sutton Hill Residents Meeting

6pm

### 29 June

Madeley Mayor Monthly Drop-in @ Madeley Community Library

10-11am

### 1 July

Finance & General Purpose

6.30pm

### 5 July

Woodside Borough Councillor Surgery

6-7pm

### 8 July

Personnel

6.30pm

### 10 July

Madeley & Sutton Hill Borough Councillor Surgery @ The Hub on The Hill

12.30-2pm

### 27 July

Madeley Mayor Monthly Drop-in @ Madeley Community Library

10-11am

### 29 July

Sutton Hill Residents Meeting

6pm

### 2 August

Woodside Borough Councillor Surgery @ Park Lane Centre

6-7pm

### 10 August

Madeley & Sutton Hill Borough Councillor Surgery @ Madeley Community Library

11-12pm

### 31 August

Madeley Mayor Monthly Drop-in @ Madeley Community Library

10-11am



## Madeley Town Council Contact Details



### Town Council Staff:

#### Town Clerk – Alison Hinks

T: 01952 567284 E: [alison@madeleytowncouncil.gov.uk](mailto:alison@madeleytowncouncil.gov.uk)

#### Deputy Town Clerk – Sam Middleton

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#### Finance Officer – Deborah Poole

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#### Buildings & Asset Officer – David Oliver

T: 01952 567280 E: [david@madeleytowncouncil.gov.uk](mailto:david@madeleytowncouncil.gov.uk)

#### Youth Officer– Nick Feavour

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#### Admin & Social Media Officer – Sam Wincott

T: 01952 567280 E: [samantha@madeleytowncouncil.gov.uk](mailto:samantha@madeleytowncouncil.gov.uk)

#### Wellbeing Officer – Charlotte Dade

T: 01952 567288 E: [charlotte@madeleytowncouncil.gov.uk](mailto:charlotte@madeleytowncouncil.gov.uk)

#### Librarian & First Point Officer – Kerrie Vaughan

T: 01952 382950 E: [kerrie@madeleytowncouncil.gov.uk](mailto:kerrie@madeleytowncouncil.gov.uk)



### Madeley Town Council Office:

Town Council Office: Jubilee House, 74 High Street, Madeley, Telford, TF7 5AH

Tel: 01952 567280 Usual opening hours: 9am-4pm Mon-Fri @madeleytc Madeley Town Council

Email: [info@madeleytowncouncil.gov.uk](mailto:info@madeleytowncouncil.gov.uk) Web: [www.madeleytowncouncil.gov.uk](http://www.madeleytowncouncil.gov.uk)





Serving  
Madeley,  
Sutton Hill & Woodside

# YOUR LOCAL COUNCILLORS



**Mayor - Helena Morgan**  
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Woodside Ward  
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**Deputy Mayor - Ruth Meadows**  
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**Councillor - Peter Cogings**  
(Labour)  
Madeley Village Ward  
T: 01952 588 153



**Councillor - Arnold England**  
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Cuckoo Oak Ward  
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**Councillor - Janice Jones**  
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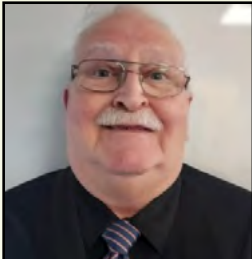
**Councillor - Nathan England**  
(Labour)  
Madeley Village Ward



**Councillor - Rae Evans**  
(Labour)  
Woodside Ward



**Councillor - Stefan Heighway**  
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**Councillor - Stuart Cook**  
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