

OTHER SERVICES @ JUBILEE HOUSE

MWS Credit Union



Opening Times:

Mon – 10am-1pm
Tues – 10am–1pm
Wed – Closed
Thurs – Closed
Fri – 10.30am-1.30pm
Sat – Currently not open

Tel: (01952) 408111

Email: info@mwscreditunion.com

Primary Care Wellbeing Service



A free NHS Service, providing a range of recommended therapies for common mental health problems, such as anxiety and depression.

Anyone aged over 16 years old registered with a GP in Telford and Wrekin who may be experiencing:

Anxiety, PTSD (Post-Traumatic Stress Disorder)
Depression, Phobia, Panic, OCD (Obsessive Compulsive Disorder), Social Anxiety, Postnatal Depression Health Anxiety

To refer or find out more:

T: 01952 457415

(Mon-Fri 9am-5pm)

E: wellbeing.telford@mpft.nhs.uk

Madeley Town Council

Jubilee House
74 High Street, Madeley, Telford,
Shropshire. TF7 5AH

Tel:

01952 567 280

Email:

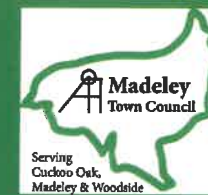
julie@madeleytowncouncil.gov.uk

Website:

www.madeleytowncouncil.gov.uk

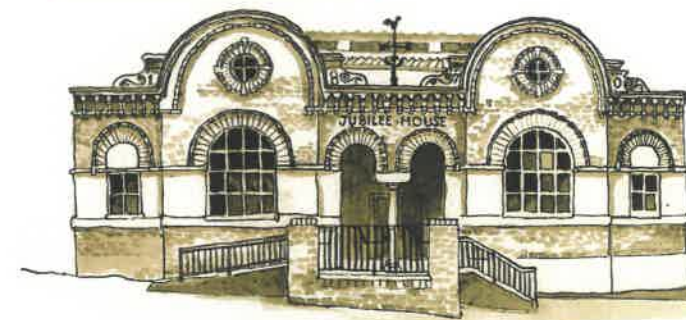
July 2019

Madeley Town Council



WHO MEETS AT JUBILEE HOUSE?

Inside you will
find a
list of groups/clubs
who meet
regularly
at Jubilee House



Drawings by Maggie Humphry

PLEASE MAKE CONTACT WITH THE
GROUPS FOR MORE INFORMATION

MONDAYS

Madeley Art Club

Amateur group welcoming all levels.
(None teaching) .

Tamara: 07890 994 065

Singing for fun

Open to everyone. Come along for up-
lifting songs and harmonies from round
the world, all taught by ear. Term time.

Hanna: 01952 592309

TUESDAYS

Madeley History Club

Local history group, researching
local projects.

John: jacee@blueyonder.co.uk

WEA—Art Class

Advanced Drawing & Painting. Term
time. Book with WEA: 01952 614451

Low Impact Aerobics

Call Sheila on 01952 586867 or Mavis on
01952 588168

AA Group

Very friendly group. Meets every week.
For more information contact: Hayley
07540 265 022 (Ladies) & Rab 07973
738 348 (Men)

9.30-
12

1.45-
3.45

10-12

10-12

1.30-
2.30

7.30-9

WEDNESDAYS

Slimming World

Weight loss management sessions.

Linzi: 01952 591117

(mobile: 07824 392 641)

Coalbrookdale WI

Meetings 2nd Wednesday of the
month. Heather: 01952 882582

Jubilee Photographic Club

Camera Club meets alternate
Wednesdays. All levels and interests
welcome. John:-

jacee@blueyonder.co.uk

THURSDAYS

The Friendly Retirement Group

Meet with others to discuss a
variety of topics, talks, activities +
outings. To apply ring Joan: 01952
581626

Yoga

For joining details contact Derek
Osborn on 07791 182 085. Term time.

3.30,
5.30 &
7.30

2-4

7-9

10-12

7.15-9

FRIDAYS

Gorgeous Greetings

Card Craft Club. Ruth: 01952 418807

Over 50's Aerobics

Call Sheila on 01952 586867 or Mavis
on 01952 588168

Jubilee2 Dance Club

Make friends, have fun & keep fit with
this sequence dance club.

Pauline: 01952 596857

Zumba

Lively fitness class with Del

SATURDAYS

Slimming World

Weight loss management sessions with
Linzi 01952 591117
(mobile: 07824 392 641)

ROC Cinema Club

Monthly—Contact Julie for details or to book:
07871 155 833

10.30-
12.30

10-11

2-4

6-7

8.30 &
10.30

**Some groups are term time only—so its best to
check before you set off.**